

What Is Poetry?

Poetry is as universal as language and almost as ancient. The most primitive peoples have used it, and the most civilized have cultivated it. In all ages and in all countries, poetry has been written, and eagerly read or listened to, by all kinds and conditions of people—by soldiers, statesmen, lawyers, homemakers, farmers, doctors, scientists, clergy, philosophers, kings, and queens. In all ages, it has been especially the concern of the educated, the intelligent, and the sensitive, yet it has appealed, in its simpler forms, to the uneducated and to children. Why? First, because it has given pleasure. People have read it, listened to it, or recited it because they liked it—because it gave them enjoyment. But this is not the whole answer. Poetry in all ages has been regarded as important, not simply as one of several alternative forms of amusement, as one person might choose bowling, another chess, and another poetry. Rather, it has been regarded as something central to existence, something having unique value to the fully realized life, something that we are better off for having and without which we are spiritually impoverished. To understand the reasons for this, we need to have at least a provisional understanding of what poetry is—provisional, because people have always been more successful at appreciating poetry than at defining it.

Initially, poetry might be defined as a kind of language that says *more* and says it *more intensely* than does ordinary language. To understand this fully, we need to understand what poetry “says.” For language is employed on different occasions to say quite different kinds of things; in other words, language has different uses.

Perhaps the most common use of language is to communicate *information*. We say that it is nine o’clock, that we liked a certain movie, that George Washington was the first president of the United States, that bromine and iodine are members of the halogen group of chemical elements. This we might call the *practical* use of language; it helps us with the ordinary business of living.

But it is not primarily to communicate information that novels, short stories, plays, and poems are written. These exist to bring us a sense and a perception of life, to widen and sharpen our contacts with existence. Their concern is with *experience*. We all have an inner need to live more deeply and fully and with greater awareness, to know the experience of others, and to understand our own experience better. Poets, from their own store of felt, observed, or imagined experiences, select, combine, and reorganize. They create significant new experiences for their readers—significant because focused and formed—in which readers can participate and from which they may gain a greater awareness and understanding of their world. Literature, in other words, can be used as a gear for stepping up the intensity and increasing the range of our experience and as a glass for clarifying it. This is the *literary* use of language, for literature is not only an aid to living but a means of living.

In advertisements, sermons, political speeches, and even some poems we find a third use of language: as an instrument of *persuasion*, or argument. But the distinctions among these three uses—the practical, the literary, and the argumentative—are not always clear-cut, since some written language simultaneously performs two or even all three functions. For example, an excellent poem we consider “literary” may convey information, and may also try to persuade us to share a particular point of view. Effectiveness in communicating experience, however, is the one essential criterion for any poem aspiring to the condition of literature.

Suppose, for instance, that we are interested in eagles. If we want simply to acquire information about eagles, we may turn to an encyclopedia, a book of natural history, or Wikipedia. We would find that there are about fifty-five species of eagles and that most have hooked bills, curved claws, broad wings, and powerfully developed breast muscles. We would also learn that eagles vary in length from about sixteen inches to as long as forty inches; that most hunt while flying, though some await their prey on a high perch; that they nest in tall trees or on inaccessible cliffs; that they lay only one or two eggs; and that for human beings eagles “symbolize power, courage, freedom, and immortality and have long been used as national, military, and heraldic emblems and as symbols in religion.”*

But unless we are interested in this information only for practical purposes, we are likely to feel a little disappointed, as though we had grasped the feathers of the eagle but not its soul. True, we have learned

many facts about the eagle, but we have missed somehow its lonely majesty, its power and the wild grandeur of its surroundings that would make the eagle a living creature rather than a mere museum specimen. For the living eagle we must turn to literature.

The Eagle

He clasps the crag with crooked hands;
Close to the sun in lonely lands,
Ringed with the azure world, he stands.

The wrinkled sea beneath him crawls;
He watches from his mountain walls,
And like a thunderbolt he falls.

Alfred, Lord Tennyson (1809–1892)

QUESTIONS

1. What is peculiarly effective about the expressions “crooked hands,” “Close to the sun,” “Ringed with the azure world,” “wrinkled,” “crawls,” and “like a thunderbolt”?
2. Notice the formal pattern of the poem, particularly the contrast of “he stands” in the first stanza and “he falls” in the second. Is there any other contrast between the two stanzas?

When “The Eagle” has been read well, readers will feel that they have enjoyed a significant experience and understand eagles better, though in a different way, than they did from the encyclopedia article alone. Although the article *analyzes* our experience of eagles, the poem in some sense *synthesizes* such an experience. Indeed, we may say the two approaches to experience—the scientific and the literary—complement each other, and we may contend that the kind of understanding we get from the second is at least as valuable as the kind we get from the first.

Literature, then, exists to communicate significant experience—significant because it is concentrated and organized. Its function is not to tell us *about* experience but to allow us imaginatively to *participate* in it. It is a means of allowing us, through the imagination, to live more fully, more deeply, more richly, and with greater awareness. It can do this in two ways: by *broadening* our experience—that is, by making us acquainted with a range of experience with which in the ordinary course of events we might have no contact, or by *deepening* our experience—that is, by making us feel more poignantly and more

*Encyclopedia Americana, International Edition, Vol. 9 (1995) 520–22.

understandingly the everyday experiences all of us have. It enlarges our perspectives and breaks down some of the limits we may feel.

We can avoid two limiting approaches to poetry if we keep this conception of literature firmly in mind: The first approach always looks for a lesson or a bit of moral instruction. The second expects to find poetry always beautiful. Let us consider one of the songs from Shakespeare's *Lowe's Labor's Lost* (Act 5, scene 2).

Winter

When icicles hang by the wall,
And Dick the shepherd blows his nail,
And Tom bears logs into the hall,
And milk comes frozen home in pail,
When blood is nipped and ways be foul,
Then nightly sings the staring owl,
"Tu-whit, tu-who!"

5

A merry note,
While greasy Joan doth keel^e the pot.

skim

When all aloud the wind doth blow,
And coughing drowns the parson's saw,
And birds sit brooding in the snow,
And Marian's nose looks red and raw,
When roasted crabs^o hiss in the bowl,
Then nightly sings the staring owl,
"Tu-whit, tu-who!"

crab apples
15

A merry note,
While greasy Joan doth keel the pot.

William Shakespeare (1564–1616)

QUESTIONS

1. Vocabulary: *saw* (11), *brooding* (12).
2. Is the owl's cry really a "merry" note? How are this adjective and the verb "sings" employed?
3. In what way does the owl's cry contrast with the other details of the poem?

In this poem Shakespeare communicates the quality of winter life around a sixteenth-century English country house. But he does not do so by telling us flatly that winter in such surroundings is cold and in many respects unpleasant, though with some pleasant features too (the adjectives *cold*, *unpleasant*, and *pleasant* are not even used in the poem).

Instead, he provides a series of concrete, homely details that suggest these qualities and enable us, imaginatively, to experience this winter life ourselves. The shepherd blows on his fingernails to warm his hands; the milk freezes in the pail between the cowshed and the kitchen; the cook is slovenly and unclean, "greasy" either from spattered cooking fat or from her own sweat as she leans over the hot fire; the roads are muddy; the folk listening to the parson have colds; the birds "sit brooding in the snow"; and the servant girl's nose is raw from cold. But pleasant things are in prospect. Tom is bringing in logs for the fire, the hot cider or ale with its roasted crab-apples is ready for drinking, and the soup or stew will soon be ready. In contrast to all these familiar details of country life is the mournful and eerie note of the owl.

Obviously the poem contains no moral. If we limit ourselves to looking in poetry for some lesson, message, or noble truth about life, we are bound to be disappointed. This limited approach sees poetry as a kind of sugarcoated pill—a wholesome truth or lesson made palatable by being put into pretty words. What this narrow approach really wants is a sermon—not a poem, but something inspirational. Yet "Winter," which has appealed to readers for more than four centuries, is not inspirational and contains no moral preaching.

Neither is the poem "Winter" beautiful. Though it is appealing in its way and contains elements of beauty, there is little that is really beautiful in red, raw noses, coughing in chapel, nipped blood, foul roads, and greasy cooks. Yet the second limiting approach may lead us to feel that poetry deals exclusively with beauty—with sunsets, flowers, butterflies, love, God—and that the one appropriate response to any poem is, after a moment of awed silence, "Isn't that beautiful!" But this narrow approach excludes a large proportion of poetry. The function of poetry is sometimes to be ugly rather than beautiful. And poetry may deal with common colds and greasy cooks as legitimately as with sunsets and flowers. Consider another example:

Dulce et Decorum Est

Bent double, like old beggars under sacks,
Knock-kneed, coughing like hags, we cursed through sludge,
Till on the haunting flares we turned our backs,
And towards our distant rest began to trudge.
Men marched asleep. Many had lost their boots,
But limped on, blood-shod. All went lame, all blind;
Drunk with fatigue; deaf even to the hoors
Of gas-shells dropping softly behind.

5

Gas! GAS! Quick, boys!—An ecstasy of fumbling,
 Fitting the clumsy helmets just in time,
 But someone still was yelling out and stumbling
 And flound'ring like a man in fire or lime.—
 Dim through the misty panes and thick green light,
 As under a green sea, I saw him drowning.

In all my dreams before my helpless sight
 He plunges at me, guttering, choking, drowning.

If in some smothering dreams, you too could pace
 Behind the wagon that we flung him in,
 And watch the white eyes writhing in his face,
 His hanging face, like a devil's sick of sin,
 If you could hear, at every jolt, the blood
 Come gargling from the froth-corrupted lungs
 Bitter as the cud
 Of vile, incurable sores on innocent tongues,—
 My friend, you would not tell with such high zest
 To children ardent for some desperate glory,
 The old lie: *Dulce et decorum est*
Pro patria mori.

Wilfred Owen (1893–1918)

QUESTIONS

1. The Latin quotation (27–28), from the Roman poet Horace, means “It is sweet and becoming to die for one’s country.” What is the poem’s comment on this statement?
2. List the elements of the poem that seem not beautiful and therefore “unpoetic.” Are there any elements of beauty in the poem?
3. How do the comparisons in lines 1, 14, 20, and 23–24 contribute to the effectiveness of the poem?
4. What does the poem gain by moving from plural pronouns and the past tense to singular pronouns and the present tense?

Poetry takes all life as its province. Its primary concern is not with beauty, not with philosophical truth, not with persuasion, but with experience. Beauty and philosophical truth are aspects of experience, and the poet is often engaged with them. But poetry as a whole is concerned with all kinds of experience—beautiful or ugly, strange or common, noble or ignoble, actual or imaginary. Paradoxically, an artist can transform even the most unpleasant or painful experiences

into works of great beauty and emotional power. Encountered in real life, pain and death are not pleasurable for most people; but we might read and reread poems about these subjects because of their ability to enlighten and move us. A real-life experience that makes us cry is usually an unhappy one; but if we cry while reading a great novel or poem it is because we are deeply moved, our humanity affirmed. Similarly, we do not ordinarily like to be frightened in real life, but we sometimes seek out books or movies that will terrify us. Works of art focus and organize experiences of all kinds, conveying the broad spectrum of human life and evoking a full range of emotional and intellectual responses. Even the most tragic literature, through its artistry of language, can help us to see and feel the significance of life, appealing to our essential humanity in a way that can be intensely pleasurable and affirming.

There is no sharp distinction between poetry and other forms of imaginative literature. Although some readers may believe that poetry can be recognized by the arrangement of its lines on the page or by its use of rhyme and meter, such superficial signs are of little worth. The Book of Job in the Bible and Melville’s *Moby-Dick* are highly poetical, but the familiar verse that begins “Thirty days hath September, / April, June, and November . . .” is not. The difference between poetry and other literature is one of degree. Poetry is the most condensed and concentrated form of literature. It is language whose individual lines, either because of their own brilliance or because they focus so powerfully on what has gone before, have a higher voltage than most language. It is language that grows frequently incandescent, giving off both light and heat.

Ultimately, therefore, poetry can be recognized only by the response made to it by a practiced reader, someone who has acquired some sensitivity to poetry. But there is a catch here. We are not all equally experienced readers. To some readers, poetry may often seem dull and boring, a fancy way of writing something that could be said more simply. So might a color-blind person deny that there is such a thing as color.

The act of communication involved in reading poetry is like the act of communication involved in receiving a message by radio. Two devices are required: a transmitting station and a receiving set. The completeness of the communication depends on both the power and clarity of the transmitter and the sensitivity and tuning of the receiver. When a person reads a poem and no experience is received, either the poem is not a good poem or the reader is not properly tuned. With new poetry, we cannot always be sure which is at fault. With older poetry, if it has acquired critical acceptance—has been enjoyed and admired by generations of readers—we may assume that the receiving set is at fault. Fortunately, the fault is not irremediable. Though we cannot

all become expert readers, we can become good enough to find both pleasure and value in much good poetry, or we can increase the amount of pleasure we already find in poetry and the number of kinds of poetry in which we find it. The purpose of this book is to help you increase your sensitivity and range as a receiving set.

Poetry, finally, is a kind of multidimensional language. Ordinary language—the kind that we use to communicate information—is one-dimensional. It is directed at only part of the listener, the understanding. Its one dimension is intellectual. Poetry, which is language used to communicate experience, has at least four dimensions. If it is to communicate experience, it must be directed at the *whole* person, not just at your understanding. It must involve not only your intelligence but also your senses, emotions, and imagination. To the intellectual dimension, poetry adds a sensuous dimension, an emotional dimension, and an imaginative dimension.

Poetry achieves its extra dimensions—its greater pressure per word and its greater tension per poem—by drawing more fully and more consistently than does ordinary language on a number of language resources, none of which is peculiar to poetry. These various resources form the subjects of a number of the following chapters. Among them are connotation, imagery, metaphor, symbol, paradox, irony, allusion, sound repetition, rhythm, and pattern. Using these resources and the materials of life, the poet shapes and makes a poem. Successful poetry is never effusive language. If it is to come alive it must be as cunningly put together and as efficiently organized as a tree. It must be an organism whose every part serves a useful purpose and cooperates with every other part to preserve and express the life that is within it.

REVIEWING CHAPTER ONE

1. Differentiate between ordinary language and poetic language.
2. Describe the uses of language: information, experience, persuasion.
3. Consider how looking for moral instruction or beauty are limiting approaches.
4. Explain the distinctions between poetry and other imaginative literature.
5. Review the four dimensions of experience that poetry involves.
6. Determine which ideas in this chapter are exemplified in the following poems.

Understanding and Evaluating Poetry

Most of the poems in this book are accompanied by study questions that are by no means exhaustive. The following is a list of questions that you may apply to any poem. You may be unable to answer many of them until you have read further into the book.

1. Who is the speaker? What kind of person is the speaker?
2. Is there an identifiable audience for the speaker? What can we know about it (her, him, or them)?
3. What is the occasion?
4. What is the setting in time (hour, season, century, and so on)?
5. What is the setting in place (indoors or out, city or country, land or sea, region, nation, hemisphere)?
6. What is the central purpose of the poem?
7. State the central idea or theme of the poem in a sentence.
8. a. Outline the poem to show its structure and development, or b. Summarize the events of the poem.
9. Paraphrase the poem.
10. Discuss the diction of the poem. Point out words that are particularly well chosen and explain why.
11. Discuss the imagery of the poem. What kinds of imagery are used? Is there a structure of imagery?
12. Point out examples of metaphor, simile, personification, and metonymy, and explain their appropriateness.
13. Point out and explain any symbols. If the poem is allegorical, explain the allegory.
14. Point out and explain examples of paradox, overstatement, understatement, and irony. What is their function?
15. Point out and explain any allusions. What is their function?
16. What is the tone of the poem? How is it achieved?
17. Point out significant examples of sound repetition and explain their function.
18. a. What is the meter of the poem?
b. Copy the poem and mark its scansion.
19. Discuss the adaptation of sound to sense.
20. Describe the form or pattern of the poem.
21. Criticize and evaluate the poem.